



**The South Sound Alzheimer's  
Council Presents Our  
23rd Annual**

# **Alzheimer's Conference**

**May 18th - 9:00 am to 4:00 pm**

Registration begins at 8:30 am

**South Puget Sound Community College  
Lacey Campus Events Center  
4220 6th Ave SE, Lacey, WA**

**Keynote Speaker:**

**Peggy Sarlin,**

**Health & Wellness Writer**

**“Awakening from Alzheimer’s”**

Peggy Sarlin is a freelance writer with a special interest in health and wellness. She wrote the first book to investigate alternative remedies for Alzheimer's disease:

[Awakening from Alzheimer's:](#)

[How America's most innovative Doctors Are Reversing  
Alzheimer's, Dementia and Memory Loss](#)

Her writings have informed thousands of people about safe, natural options for cognitive health. Peggy has written for NASA about space exploration, for Rodale Publishing about healthy living, and for the Smithsonian about American technology.

*Continental breakfast & lunch will be served*

*Suggested donation \$25 at the door*

**To help us plan seating, handouts, food etc,  
please preregister at**

**[SouthSoundAlzheimersCouncil.org](http://SouthSoundAlzheimersCouncil.org)**

**or call The Firs 360-456-3477.**

**Please like us on Facebook @ssalzouncil**

